



PLACES TO GO FOR HELP

ALL ANGELS' CHURCH

251 West 80th St, west of Broadway **212-362-9300**

SHELTER INTAKE: Sun 3PM

MEALS: Sun 5PM

SHOWERS: Tue & Thu

8-10AM (WOMEN) & 10AM-2PM (MEN)

SOCIAL SERVICES: Tue & Thurs 9AM-2PM

BOWERY MISSION COMMUNITY

HOPE RESOURCE CENTER

315 East 115th St, between 1st & 2nd Ave



computer classes available

• **646-746-6316**

Medical & legal assistance, life skills &

ST. PAUL'S HOUSE

335 W 51st Street, between 8th & 9th Ave **212-265-5433**



MEALS: Mon, Wed, Fri 7:15-9AM

PANTRY: Tue 10-11AM

THE BOWERY MISSION

227 Bowery, one block south of Houston **212-674-3465**



SHELTER INTAKE: Daily, by availability.

Walk-in or call 212-396-9000 ext. 114

MEALS: Daily 8AM, 1PM, 6PM

CLOTHING & SHOWERS: Tue & Fri 11AM

MEDICAL & OPTICAL: Wed 6PM



NYC RELIEF

Provides meals, socks, hygiene kits & resources **800-736-2773**



WED: 28th St, between 9th & 10th Ave (Chelsea) 10AM-2PM

THU: NYC Rescue Mission, 90 Lafayette St. (LES) 11AM-2PM

FRI: 28th St, between 9th & 10th Ave (Chelsea) 10AM-2PM

124th St & Park Ave (Harlem) 10AM-2PM



SAT: 148th St & Brook Ave (Bronx) 10AM-2PM

Park Ave (Harlem) 10AM-2PM

NEW YORK CITY RESCUE MISSION

90 Lafayette St, two blocks south of Canal **212-226-6214**



MEALS: Daily 6:30AM, 5PM

CLOTHING: Thu 10AM-2PM

SHELTER INTAKE: Daily 3PM (WOMEN) 4PM (MEN)

SNAP & MEDICAID: Tue 3-5PM

AA: Sun 7PM



THE SALVATION ARMY

Provides basic needs like food, housing & pastoral care **973-897-1176**



HARLEM: 540 Lenox Ave, between 137th & 138th St

EAST HARLEM: 145 East 125th St, off of Lexington

DOWNTOWN: 132 West 14th Street, between 6th & 7th Ave